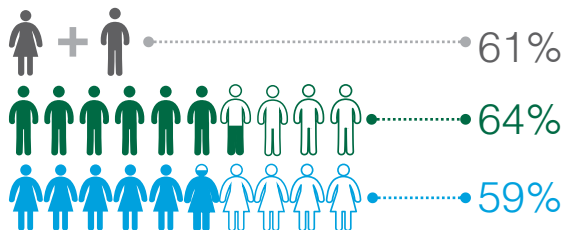




Capital .....	<b>Luxembourg</b>
Population .....	<b>613,894</b>
Urban Population .....	<b>91.0%</b>
Life Expectancy .....	<b>82</b>
Gini index for income inequality .....	<b>0.29</b>
Human Development Index .....	<b>0.908</b>
Literacy Rate .....	<b>100.0%</b>
Deaths from non-communicable diseases .....	<b>88.0%</b>

World Bank income category ★★★★★ **High income**

### Physical Activity Prevalence



adults 25+ years, Physical activity prevalence ORISCAV-LUX2

### Percentage of Deaths due to Physical Inactivity



In Luxembourg  
**9.8%**

worldwide, % of deaths due to physical inactivity = **9%**

This Country Card is part of the 2nd Physical Activity Almanac (free resource on the GoPA! website)

For a description of the indicators and data sources visit: [www.globalphysicalactivityobservatory.com/country-cards](http://www.globalphysicalactivityobservatory.com/country-cards)

### Policy and Surveillance Status

National physical activity policy/plan  Yes  No

Title

*Plan cadre national "Gesond iessen, Méi bewegen" 2018-2025 / National plan "Eat healthy, move more" 2018-2025; Stratégie globale pour une mobilitédurable (MODU) / Global strategy for a sustainable mobility, 2012; National Therapeutic Sport-Health Program / Programme National Thérapeutique Sport-Santé, 2017.*

National recommendations  Yes  No

National survey(s) including physical activity questions  Yes  No



### Surveys and instruments used to assess physical activity

*Eurobarometer 58.2 2002 (other); Eurobarometer 64.3 2005 (other); ORISCAV-LUX 2008 (IPAQ); Eurobarometer 80.2 2013 (other); Special Eurobarometer 412 2014 (adapted GIPAQ); EHES 2013-2015 (Adapted GPAQ); ORISCAV-LUX2 2016-2017 (IPAQ); Special Eurobarometer 472 2017 (adapted GPAQ); European Health Interview Survey (EHIS) 2014; The European Health Interview Survey 2019 (EHIS, Adapted IPAQ)*

National health monitoring system  Yes  No

Physical activity    
 Sedentary behavior (i.e. sitting time)

Name(s)

### Physical Activity Research



0.07%



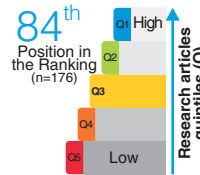
16

84<sup>th</sup>

Position in the Ranking (n=176)

Contribution to physical activity research worldwide from 1950-2019

Total number of articles from the country from 1950-2019



### Sedentary Behavior (Sitting Time)



Total Sitting Time = **5.1 hrs/day**

Daily Sitting Time Global Tertile



ORISCAV-LUX2

### Physical Activity Promotion Capacity Pyramid



### Contact Information

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