

GoPA!

October 2020 GoPA! newsletter!

Presenting Country Contacts

In this special edition, we will introduce the new 2020 Country Contacts along with the 2019 Country Contacts that have not been presented previously. We are excited to have so many experts in our network! Thank you for actively contributing to





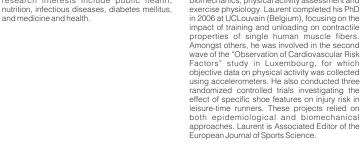


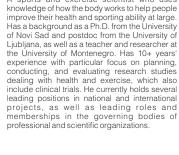


and medicine and health.



Is a Group Leader in Physical Activity, Sport & Health at the Luxembourg Institute of Health, Department of Population Health. His main fields of expertise are sports injury prevention, running biomechanics, physical activity assessment and





MONTENEGRO

Stevo Popovic

A sports and exercise scientist who uses





NORTHERN IRELAND

Angela Carlin

Is a Lecturer in Exercise and Health (Physiology)

at Ulster University. She completed her PhD in 2015, with her research focusing on the promotion of physical activity in adolescent females, Angela has been involved in several

national and international research projects: Determinants of Diet and Physical Activity (DEDIPAC) European research project, Physical

Loyalty Scheme in sedentary office

Activity



Is the National Physical Activity Programme Lead, Public Health Wales NHS Trust, UK. Public health professional since 2010, in both local and national NHS public health teams. His previous roles include working on tobacco control, seasonal and pandemic influenza, alcohol harm reduction and homelessness & refugee health. Member of the United Kingdom's Chief Medical Officers' Physical activity Expert Committee for Surveillance. Member of several national (Wales) strategic groups including active travel, Wales Physical Activity Partnership and the Healthy and Active Fund (Wales). After a long previous career in the private security industry, John since 2015 has served a reserve police officer with two UK forces.



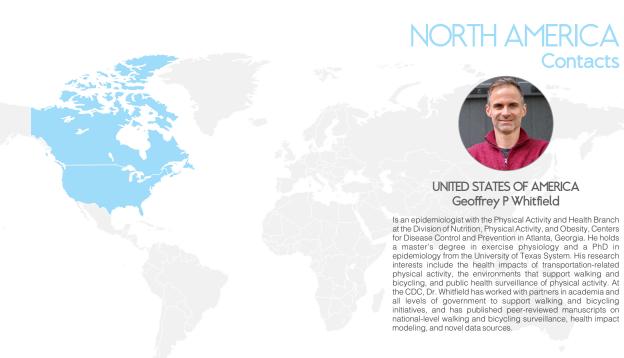
Is a Professor of Exercise and Health and Dean of Postgraduate Research / Director of the Doctoral College at Ulster University. She is a fellow of the American College of Sports Medicine (ACSM), the British Association of Sport & Exercise Sciences (BASES) and the Higher Education Academy is a member of the WHO Europe Health Enhancing Physical Activity Steering Committee (HEPA Europe) and former members of the Decred of the International Society. member of the Board of the International Society member of the Board of the International Society of Physical Activity and Health (ISPAH). She was a member of sub-panel 26 Sport and Exercise Sciences, Leisure and Tourism for the Research Excellence Framework 2014 and is Chair of the sub-panel for REF2021. Marie is PI on a number of funded research projects including the Cross-border Healthcare Intervention Trials (CHITIN) funded Walking In Sochools (WISH) trial

funded Walking In ScHools (WISH) trial













Received Master degree in Public Health (University of Namibia). Worked in the Ministry of (University of Namibia). Worked in the Ministry of Health and Social Services as a Senior Health Program Officer responsible for Non communicable Diet related diseases and Institutional feeding. She was a Country Counterpart for the National research project on Assessment of magnitude and risk factors for obesity among adolescents and adults in Namibia funded by International Atomic Energy Agency (IAEA). She published an article in the Journal of Public Health on "Public health surveillance of habitual physical activity in adolescents and adults in Namibia: a cross-sectional validation of activity questionnaires sectional validation of activity questionnaires against accelerometry". Currently, she is working as a lecturer at the School of Nursing in Faculty of Health Sciences, University of

Namibia



Activity Network

Adama Diouf

Professor of Physiology, Food and Human Nutrition, Mrs. Adama Diouf is a Senior Lecturer/researcher at the Faculty of Science and Technology of the Cheikh Anta Diop University of Dakar (UCAD). She holds a PhD in Food and Human Nutrition and a University Diploma in Methods and Practices in Foldomicou from the University of Bordonus 2 Diploma in Methods and Practices in Epidemiology from the University of Bordeaux 2 in France. Pr Diouf is since 2011 a full member of the Research Laboratory in Food and Nutrition (LARNAH). Her research interest work focuses on micronutrient deficiencies, use of stable isotopes in human nutrition, diet-related non-communicable diseases and physical activity, as illustrated by ber publications and as illustrated by her publications and communications at national and international conferences. Prof. Adama Diouf current research priorities are food systems and healthy



Bharathi Viswanathan Is a nurse by training and holder of an MBA. She has been coordinating for more than 20 years the activities of the Unit for Prevention and Control of Cardiovascular Diseases within the Ministry of Health of the Republic of Seychelles. This includes conducting surveys on cardiovascular,

Includes conducting surveys on cardiovascular, contributing to several policy documents related to NCD, including the Seychelles National Strategy for Prevention and Control of NCDs (which includes physical activity), coordinating a number health promotion activities in the community, and coordinating the component in Seychelles of an ongoing multicountry cohort study (METS) started in 2010 about physical activity (mestionnaire accelerometers doubly activity (questionnaire, accelerometers, doubly labelled water) and obesity and diabetes



Is a professor of epidemiology and public health at the faculty of medicine of the University of Lausanne. He has been a consultant in the ministry of health of Seychelles for more than 30 years. He has led several surveys of NCDs, including in Seychelles. He has been actively involved with the development of several policy documents in the Republic of Seychelles, including the Seychelles Strategy for Prevention and Control of NCDs. He is the local PI of the component in Seychelles of an ongoing multicountry cohort study (METS) started in 2010 about physical activity (questionnaire, accelerometers, doubly labelled water) and obesity and diabetes. He has published widely, including in the area of physical activity. He is often an advisor to WHO for NCDs.





research priorities are food systems and healthy food environment public policies in Senegal and the West African region. She is currently the regional coordinator of the regional project on the evaluation of policies and development of multisectorial strategies for the promotion of healthy and sustainable food environments in Francophone West Africa. Prof Adama Diouf is a member of several scientific and technical committees and research networks, and has more than 15 years of experience as an expert

and consultant in nutrition, research and development for various national and international organizations.nal and international

Is a professor working in the UCT/MRC Research Unit for Exercise Science and Sports Medicine, Department of Human Biology, Faculty of Health Sciences, University of Cape Town. She is author Sciences, University of Cape I own. She is author or co-author of over 125 peer-reviewed scientific publications. She is actively involved in research on the role of physical activity for public health purposes in South Africa, and has acted as a consultant to the United States Centers for Disease Control and World Health Organization (WHO) on issues related to the Role of Diet and Activity in the Prevention of Non-Communicable Disease and Developing a Clobal Policy for Activity in the Prevention of Non-Communicable Diseases, and Developing a Global Policy for Promoting Physical Activity for Health. She currently serves on the executive council of the International Society for Physical Activity and Health, Agita Mundo, and the Scientific Advisory Council for the International Obesity Task Force. She leads the efforts in South Africa for the Modeling the Epidemiological Transition study (METS), and the Vitality Insured Persons (VIP) cohort. She is a co-principal investigator for WDF-funded, school-based intervention, Health Kick, as well as the South African principal investigator for the ISCOLE study.



Currently working as District Nutritionist at Karatu, Arusha, Tanzania. She received her master's degree in Nutrition at Manchester Matropolitan University, UK and is currently pursuing her research degree (PhD) in Physical Activity and sedentary behaviour in children for pre-school age 3 to 5 years. Her studies will measure the levels of physical activities/sedentary behaviour using different accelerometers and see if Tanzania is complying with the newly released 2019 WHO guideline. She has participated in the National Nutrition survey, the screening of malnutrition in her district. She has also completed her first research paper to be published in December by the African Journal for physical activity.



Senior Lecturer at the Sports Science Unit, Department of Biochemistry and Sports Science, School of Biosciences, College of Natural Sciences, Makerere University Kampala. Sciences, Makerere University Kampala. Member of Africa Physical Activity Network (AFPAN) and Founding member of the Physical Activity Network Uganda (TPANU). Research interests include physical activity prevalence, promotion and sustenance focusing on behavioural change; and Sports pedagogy. Supports Ministry of Education and Sports in various activities including curriculum and material development, supervision and evaluation. Participates in voluntary work related to physical activity, sports and physical education in schools and local communities. Formerly, Member of Higher Degrees and Research Committee, School of Biosciences, College of Natural Sciences 2010 to 2015; and Chair, Curriculum Review Committee, of Sports Science.

**Ester Cerin** 

MACAO SAR

Jinlei Nie

THAILAND

Go PA

