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June 2019 GoPA! newsletter!

Dear colleagues, We would like to thank you for actively contributing with GoPA!. We have been

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working to get more Country Contacts and in the planning of the Second Set of Country Cards. We want to update you on the Observatory progress and define next steps to our

work.

We have new Country Contacts for seven African

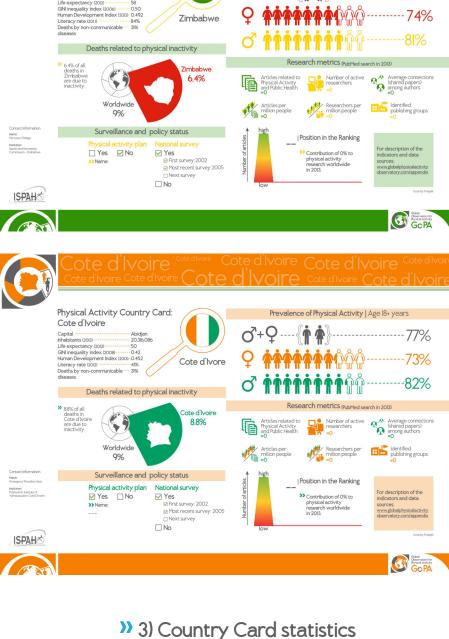
Countries! Welcome Malawi, Cote D'Ivore, Mauritania, Namibia,

> Zimbabwe, Zambia, Djibouti!

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Physical Activity Country Card: Zimbabwe



and policy indicators, achieving an outstanding global coverage of 67%

world.

of all countries in the

We have 148 approved cards with up to date research, surveillance,



✓ 148 ready!

global coverage of



International Society of Behavioral



Symposium on Wednesday 5th June from 8:30 to 9:45am

Michael Pratt, MD, MSPE, MPH

Nutrition and Physical Activity

Department of Family Medicine and Public Health University of California San Diego School of Medicine Chair, Global Observatory for Physical Activity - GoPA!

Member, Global Observatory for Physical Activity - GoPA!

Associate professor Palacký University Olomouc, Czech Republic Faculty of Physical Culture, Institute of Active Lifestyle

"Monitoring National Physical Activity Policy: A Global Challenge"

Professor and Director, Institute for Public Health and MPH Program

Oral presentations:

Poster presentation:

Josef Mitáš, Ph.D.

Organizers:

- Can lessons from monitoring global policy for tobacco, alcohol, obesity, and nutrition inform physical activity? - Adrian Bauman-GoPA! - Challenges of monitoring PA Policy in the Czech Republic - Josef Mitáš - GoPA!

- The Global Observatory for Physical Activity-GoPA! National Policy Inventory -Andrea Ramirez - GoPA!

Behaviour Monitoring Initiative in collaboration with GoPA!

Michael Pratt

Join Matthew on Friday 7th June at 10:50-12:05, Session P3. **CONGRATULATIONS!!**

Global Sedentary Behaviour Monitoring Initiative (Phase 1+2): Adding sedentary behaviour indicators to the Global Observatory for Physical Activity (GoPA!) Country Cards". Presented by Matthew Mclaughlin from the Sedentary Behaviour Council-SBC and from the Global Sedentary

Congress website: www.annualmeeting.isbnpa.org/program/

GoPA! was presented in April by Mike Pratt at the The 2019 Conference on Physical Activity

Join us!

and Health in Beijing, and organized by our China GoPA! Country Contact Dr. Junshi Chen, Director of the International Life Sciences Institute – ILSI Beijing, China Take a look at some of the best pictures!

CSM, FACPM, U

主 题。促进身体活动 助力健康中国 San Diego So



Channel Islands

Congo, Dem. Rep.

Comoros

Congo, Rep.

Cote d'Ivoire

Welcome!



Uzbekistan

Yemen, Rep.

2019中国身体活动与健康科学大会

30 6) Presenting Country Contacts On this newsletter we want to introduce our new Country Contacts from Malawi, Cote D'Ivore, Mauritania, Namibia, Zimbabwe, Zambia and Djibouti.

MALAWI

Latvia

Lesotho

Liechtenstein

Trained physical education teacher with diploma in physical education and Mathematics in Malawi and then studied sports science at Leipzig University in Germany in 2013. Also obtained BBA from Cyprus, and currently studying for Masters of Arts in Olympic Studies at Germany

Sport and physical education teacher from the teacher's training college for sport and physical education in Cote D'Ivoire in 1994. He had his post-graduate training in sport psychology, at Leipzig University, Germany in 2003 and, in sciences of sport training at Sports Academy, Lausanne, Switzerland in 2005. He held the position of national coach and technical director for the Ivorian federation of table tennis from 2000 to 2008. He is currently a Sport and physical education instructor at the national Polytechnic institute of Yamoussoukro, Cote D'Ivoire, and a

Board chairperson of the Namibia Sports Commission. Also, volleyball national development director for 7 years and National Volleyball Federation internal affairs vice president for over a

Sport Science & Coaching degree from University of Leipzig, Germany and currently a B.Sc. -

Liberia

Libya

Sport university of Cologne. Currently working as a sports coordinator in the ministry of education-central west education division in Malawi. Also General secretary of Malawi Schools sport association since 2011. bmalamula@yahoo.com

Amangoua Théodore Asse

aamangouatheodore@gmail.com

National Technical Director Mauritanian Basketball Federation

FIBA Instructor Expert Nouakchott - Mauritania

keitakam@yahoo.fr

Joel N Matheus

NAMIBIA

ZIMBABWE

Morways Changa

enalaphiri10@gmail.com

Saad Hassan Aden

<u>hassanfreo@yahoo.fr</u>

COTE DE IVOIRE

personal coach.

Gilliard Blackson Malamula

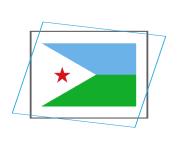
MAURITANIA Amadou Moustapha Keita

Sports Science degree from University of Leipzig

decade. Former President for the Namibia Volleyball Federation and national team member until 2007 when he started coaching. Member of Confederation of African Volleyball (CAVB) coaches' commission, CAVB African Dream Project and member of African Union Sport Council $(ASUC)\,Region\,5\,executive\,committee.$ joelnmatheus173@googlemail.com

Physical Education & Sport from Zimbabwe Open University. **ZAMBIA Enala Phiri** Social worker from University of Zambia and currently pursuing a Bachelors Degree in Sports

Management at Chalimbana University, Zambia.



DJIBOUTI

Thank you very much! We look forward to your comments

Degree in Coaching, Science and Methodology of Athletics Training

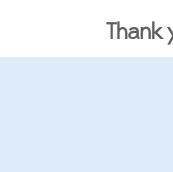
Lets improve physical activity worldwide!

Best regards, Michel Proc

Global Observatory for Physical Activity

On Behalf of the Global Observatory for Physical Activity Steering Committee

Contact us: physicalactivityobservatory@gmail.com www.globalphysicalactivityobservatory.com



Michael Pratt, MD, MSPE, MPH

You can make a contribution to physical activity worldwide!