



ETHIOPIA



Ityop'ia - ኢትዮጵያ

World Region | AFRO - Sub-Saharan Africa



COUNTRY AND DEMOGRAPHIC DATA

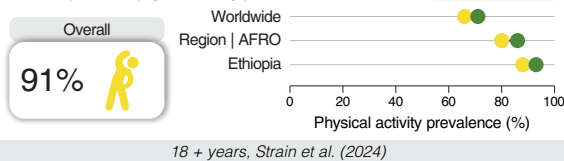
Capital - **Addis Ababa**
 Population - **126,527,060**
 Urban population - **23.0%**
 Life expectancy (years) - **65.6**
 Gini index for income inequality - **0.35**
 Human Development Index - **0.49**
 Literacy rate - **51.8%**
 Risk of premature non-communicable disease mortality - **17.0%**
 Human Capital Index - **0.33**
 Democracy Index - **3.37**
 Deaths from non-communicable diseases - **43.3%**
 World Bank income category - **Low income**



PHYSICAL ACTIVITY PARTICIPATION

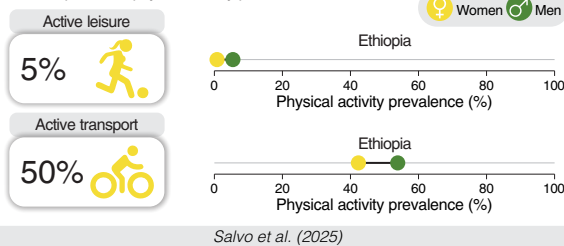
Physical activity prevalence estimates for adults

Gender inequalities in physical activity prevalence



Physical activity prevalence estimates for adults by domain

Gender inequalities in physical activity prevalence



POLICY AND SURVEILLANCE STATUS

National physical activity policy/plan **YES**

GoPA! Policy Directory

1. National Strategic Plan for the Prevention and Control of Major Non-Communicable Diseases, 2013-2025
2. Ethiopia Non-Motorised Transport Strategy, 2020-2029

Link to GoPA! Policy Directory: new.globalphysicalactivityobservatory.com/directory.php

National recommendations **NO**

National survey(s) including physical activity questions **YES**

2015 | Most recent

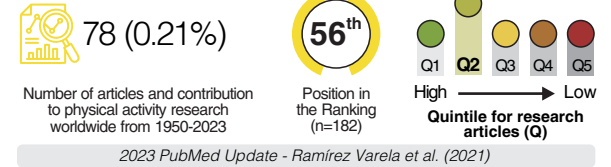
Surveys and instruments used to assess physical activity

1. STEPS 2015 (GPAQ)

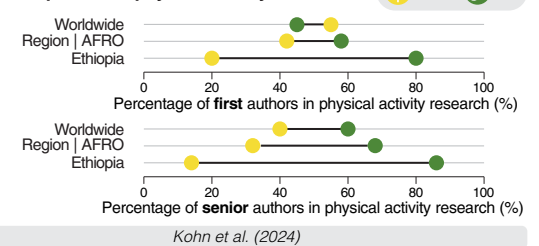
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This Country Card is part of the 3rd Physical Activity Almanac (free resource on the GoPA! website)
 For a description of the indicators and data sources visit: www.globalphysicalactivityobservatory.com/country-cards

PHYSICAL ACTIVITY RESEARCH



Gender inequalities in physical activity research



PHYSICAL ACTIVITY PROMOTION CAPACITY PYRAMID

