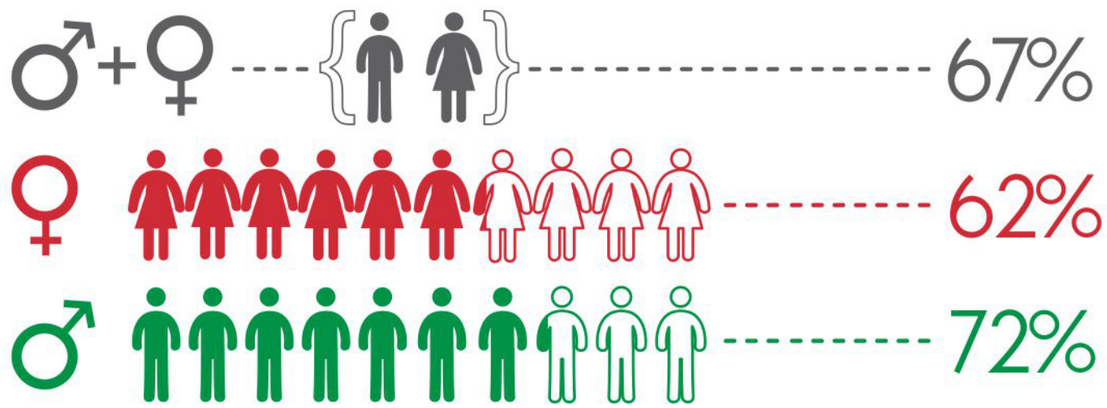
Physical Activity Country Card: Italy

Capital	Rome
Inhabitants (2013)	59,831,093
Life expectancy (2012)	83
GINI inequality index (2012)	0.32
Human Development Index (2013)	0.872
Literacy rate (2012)	99%
Deaths by non-communicable diseases	92%



Prevalence of Physical Activity | Age 18+ years



Deaths related to physical inactivity

» 14.6% of all deaths in Italy are due to inactivity.



Research metrics (PubMed search in 2013)

- Articles related to Physical Activity and Public Health =49
- Number of active researchers =307
- Average connections (shared papers) among authors =8.5
- Articles per million people =0.818
- Researchers per million people =5.131
- Identified publishing groups = 39



9th| Position in the Ranking

» Contribution of 2.71% to physical activity research worldwide in 2013.

Surveillance and policy status

Physical activity plan

☑ Yes ☐ No

» Name:
Gaining health. Rome, Ministry of Health, 2007 (supports Regional projects).

National survey

☑ Yes
- ☑ First survey: 2007
- ☑ Most recent survey: 2013
- ☐ Next survey

☐ No

For description of the indicators and data sources: www.globalphysicalactivityobservatory.com/appendix

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ISPAH International Society for Physical Activity and Health

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