



New Zealand

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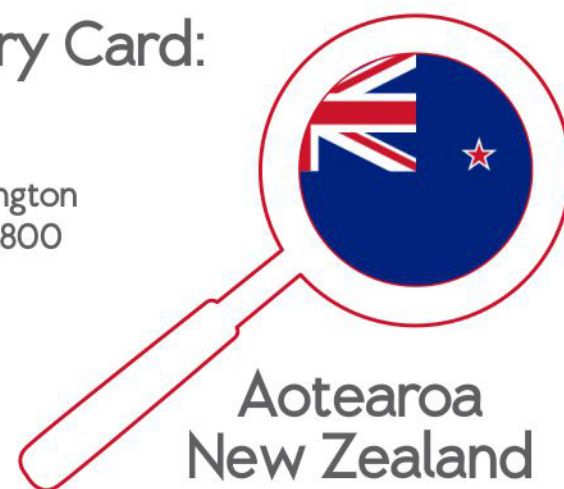
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Physical Activity Country Card: New Zealand

Capital Wellington
Inhabitants (2013) 4,470,800
Life expectancy (2012) 81
GINI inequality index (1997) 0.32
Human Development Index (2013) 0.910
Literacy rate (2003) 99%
Deaths by non-communicable diseases 82%



Deaths related to physical inactivity

» 12.7% of all deaths in New Zealand are due to inactivity.



Contact Information

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Surveillance and policy status

Physical activity plan

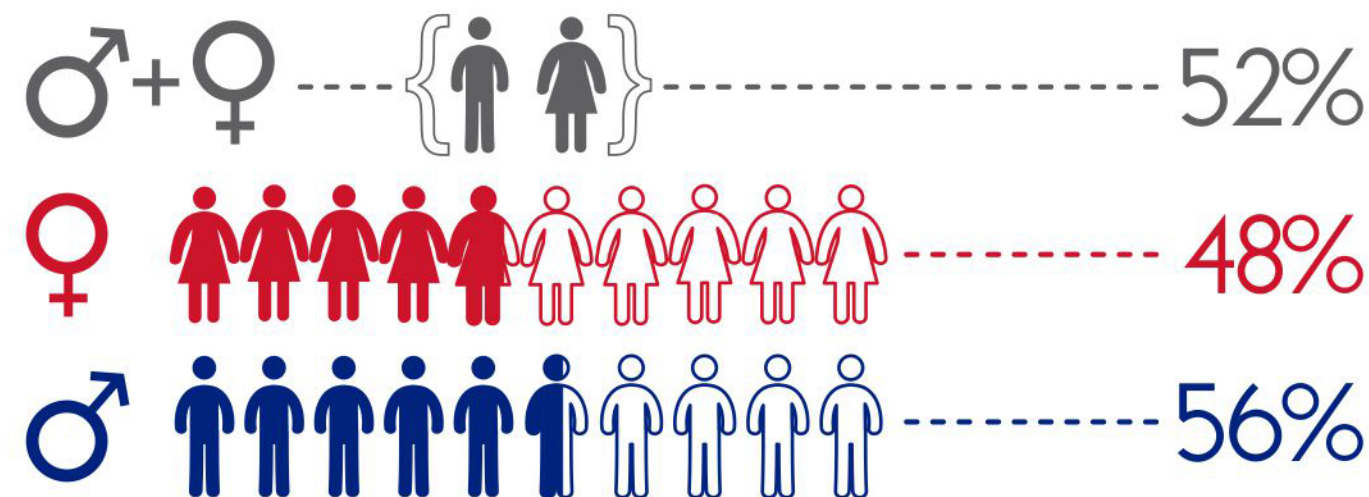
☒ Yes ☐ No

» Name:
Food and nutrition guidelines and Sport NZ strategic plan 2012-15

National survey

☒ Yes
☒ First survey: 2011-2012
☐ Most recent survey
☐ Next survey
☐ No

Prevalence of Physical Activity | Age 18+ years*



*New Zealand Health Survey: Annual update of key findings 2012/13.

Research metrics (PubMed search in 2013)

Articles related to Physical Activity and Public Health
=38

Number of active researchers
=89

Average connections (shared papers) among authors
=9.68

Articles per million people
=8.499

Researchers per million people
=19.906

Identified publishing groups
=22



» Contribution of 1.48% to physical activity research worldwide in 2013.

For description of the indicators and data sources:
www.globalphysicalactivityobservatory.com/appendix

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