



Observatory Newsletter # 5

GoPA! in 2016

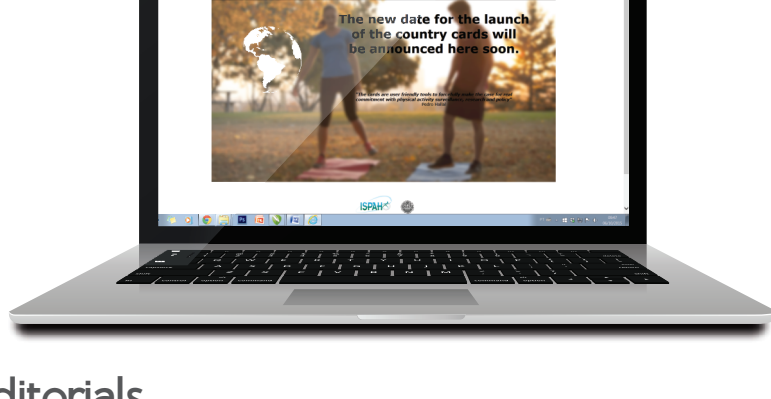
Dear colleagues,

» 1) Starting 2016!

We had a great start in 2016 and there are so many great projects and plans to come!

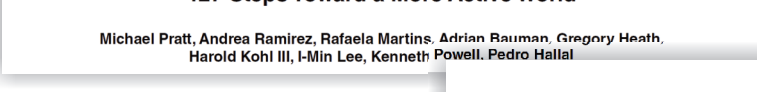
We will continue with our monthly newsletter to keep you informed about our progress and to highlight our community's achievements. We are looking forward to hear news from you and your country's physical activity status and share them here!

Please keep visiting us and refer our website to your colleagues:

● <http://www.globalphysicalactivityobservatory.com>

» 2) GoPA! Editorials

In December 2015, three editorials were published in relation to the launch of the first set of cards.



127 Steps Toward a More Active World

Michael Pratt, Andrea Ramirez, Rafaela Martins, Adrian Bauman, Gregory Heath, Harold Kohl III, I-Min Lee, Kenneth Powell, Pedro Hallal

Editorial

Observatório global de atividade física: monitoramento de uma pandemia do século 21

Andrea Ramirez, Rafaela C Martins, Pedro C Hallal

RBAPS

Rev Bras Ativ Fis Saúde p. 327-328
DOI: <http://dx.doi.org/10.13063/RevBras.20150027>

Programa de Pós-Graduação em Epidemiologia, Universidade Federal de Pelotas, Pelotas, RS

Epidemiology and Public Health - 2015, Volume 12, Number 4

EDITORIAL

ebph

Italy physical activity country profile: results from the first set of country cards of the Global Observatory for Physical Activity - GoPA!

ALICE MANNOCCI⁽¹⁾, ANDREA RAMIREZ⁽²⁾, DANIELE MASALA⁽³⁾, ELISABETTA DE VITO⁽³⁾, PAOLO VILLARI⁽³⁾, GIUSEPPE LA TORRE⁽³⁾, PEDRO HALLAL⁽²⁾

» 3) Country card statistics

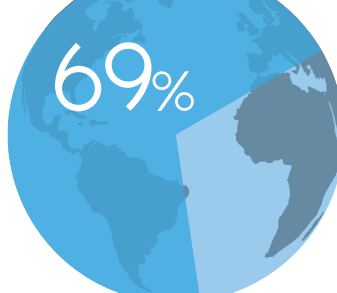
☑ I32 ready!



Regarding the review of the country cards, we now have 152 confirmed contacts and 132 approved cards with up to date research, surveillance, and policy indicators. We have achieved an outstanding global coverage of 69% of all countries in the world.

152 confirmed contacts

global coverage of



» 4) Abstract submission deadline is close!

6th ISPAH

International

Congress on

Physical Activity

and Public Health

6th ISPAH Congress

16-19 November 2016 Bangkok Thailand

The International Congress on Physical Activity and Public Health

We would like to invite you to join us in Thailand! We will conduct a meeting specifically related to the Observatory and you will be able to present your country cards as posters! Abstract submission deadline is: **February 29th!**

We would be thrilled if you could join us in Thailand!

For more information about the abstract submission and the congress please visit: <http://www.ispah2016.org/>

(Attached more information)

» 5) Press releases and media coverage

GoPA! country cards and website launch has had great media coverage so far. We expect more countries to engage their local media and spread the news of our project!

Press release and media coverage in Malta

Dr. Andrew Decelis did a fantastic job disseminating the launch news on one of the main local newspapers!

This is the press release published at the website:

<http://www.independent.com.mt/articles/2015-12-06/local-news/Global-physical-activity-cards-highlight-Malta-s-laziness-6736150003>

INDEPENDENT 1 January 2016, Monday 18°C / 64°F RSS Register

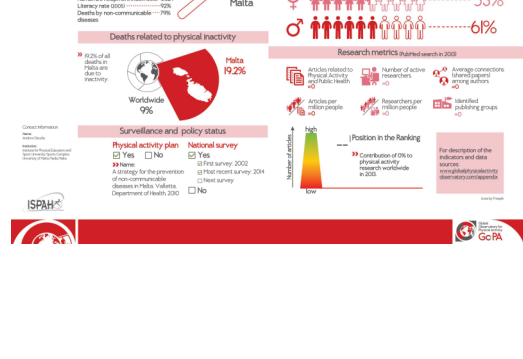
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NEWS INTERVIEWS MOST READ BLOGS 2016

Home > Local > News > Global physical activity cards highlight Malta's laziness

Global physical activity cards highlight Malta's laziness

Tuesday, 8 December 2015, 08:30 Last update: about 3 months ago



Press release and media coverage in Germany

Dr. Katja Siefken contacted the German Ministry of Health and they published the information about the country cards launch and GoPA! on their website.

This is the press release published at the website:

<https://www.in-form.de/profiportal/inform/internationales/bewegungskarten-weltweit.html>

in form

SERVICE IN FORM PROJEKTE AKTUELLES

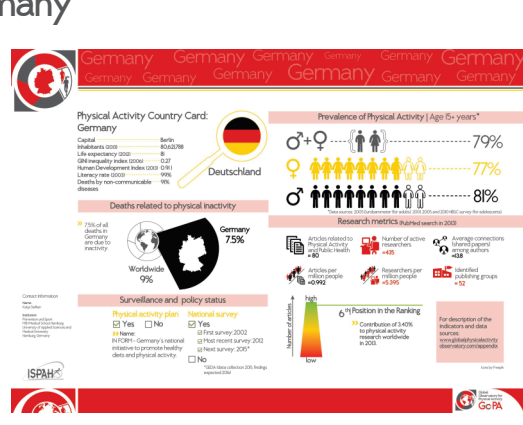
Bewegungskarten weltweit

Das Globale Bewegungs-Observatorium präsentiert Länderportraits mit wichtigen Eckdaten zu Bewegung und Forschung.

Aus insgesamt 192 Ländern der Erde hat das Globale Bewegungs-Observatorium (Global Observatory for Physical Activity - GoPA!) insgesamt 152 bestätigte Kontakte zu Ländern erhalten, die bereit sind, ein Landkarte zu erstellen, die die körperliche Aktivität der Bevölkerung darstellt.

Unsere Partner und Projekte

FIR



» 6) Help us find country contacts!

Your help finding country contacts has been fundamental for GoPA! We have new contacts for **Bahrain, Kazakhstan, Malaysia, Philippines, Senegal, Uganda!**

Welcome to our new members.

We continue asking for your help in finding potential representatives for those countries in which we still have no contact. Do you know anyone who could be the country contact for:

A Afghanistan Albania Algeria Andorra Armenia Azerbaijan	E El Salvador Equatorial Guinea Eritrea	M Madagascar Malawi Mali Mauritania Mauritius Moldova Monaco Montenegro Morocco	Sudan Suriname
B Belarus Burkina Faso Burundi	G Gabon Gambia, The Georgia Guinea Guinea-Bissau	N Niger	T Tajikistan Timor-Leste Togo Turkmenistan Turks and Caicos Islands
C Cambodia Central African Republic Chad Channel Islands Comoros Congo, Dem. Rep. Congo, Rep. Cote d'Ivoire Cyprus	H Honduras I Iran, Islamic Rep. Isle of Man K Korea, Dem. Rep. Kyrgyz Republic L Latvia Lesotho Liberia Libya	P Pakistan S San Marino Sao Tome and Principe Sierra Leone Somalia South Sudan	U Ukraine Uzbekistan Y Yemen, Rep. Z Zambia Zimbabwe
D Djibouti			

Presenting country contacts

» 7) Presenting country contacts

We continue to introduce your colleagues around the world. We will be contacting you to send us your brief CV and a photograph.



Gladys Bequer Diaz

Country contact Cuba

Dr. Bequer has a graduate degree in Physical Physical Culture and Physical Education. Currently she is the Vice-president of the Instituto Nacional de Deportes, Educación Física y Recreación - INDER and permanent Professor at the University of the Sciences of Physical Culture and Sport (UICFSD) of Cuba. She has broad experience in physical activity research, advocacy and policy. She has represented INDER before the International Society for Comparative Studies on Physical Education and Sport (ISCSPES) and also participated as a committee member in the Pedagogy Commission of several Pan American Physical Education Congresses. She collaborated as an expert in her country and with the Ministry of Education of Venezuela for the drafting of Physical Education Programs. She has performed a number of researches both in Cuba and abroad in the child psychomotor function related topics. She is currently working in the research of Growth and Development of Preschool Physical Education from 0 to 6 years. She has taken part in national events conducting lectures, particularly on pedagogy and preschool education.



Priscilla Sibongile Dlamini

Country contact Swaziland

Dr. Dlamini holds a PhD in nursing from the University of Natal and a Bachelor of Education degree obtained from the University of Botswana. Her specialities are in non-communicable diseases as well as traditional knowledge systems of care. She has conducted research and published in international and regional journals in areas of health and mainly on HIV and AIDS issues. She holds certificates in Research Ethics and Monitoring and Evaluation. She has presented in conferences locally, regionally and internationally. Currently, she is the Director of the Institute of Research on Traditional Medicines as well as an Associate professor in the Department of General Nursing and a mentor for the Masters students in ICAP Swaziland. She is the focal person for the Biodiversity in Swaziland and saves in the Labour Advisory Board of Swaziland. Her interests are on research, chronic illnesses medical-surgical care, traditional knowledge systems.

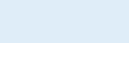
Thank you very much!
Lets improve physical activity worldwide!

Best regards,

Pedro C Hallal, PhD

Michael Pratt, MD, MSPE, MPH

On Behalf of the Global Observatory for Physical Activity Steering Committee



Global Observatory for Physical Activity

You can make a contribution to physical activity worldwide!
Contact us: physicalactivityobservatory@gmail.comwww.globalphysicalactivityobservatory.com