



Observatory Newsletter # 7 GoPA! in 2016

Dear colleagues,

» We want to update you on the Observatory progress and define next steps to our work. We have great news!

» 1) Country card statistics

✓ 138 ready!



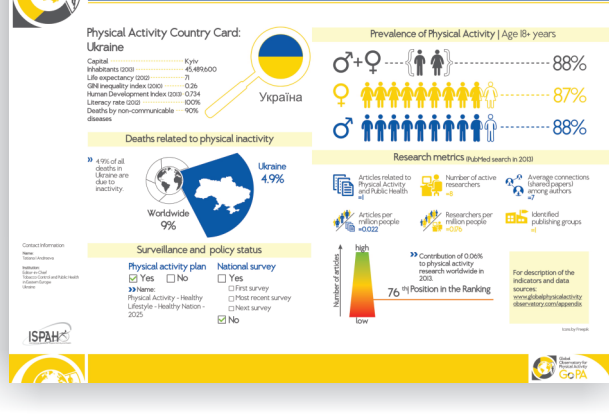
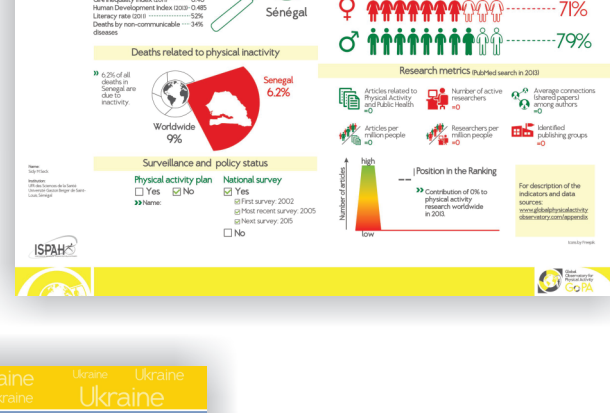
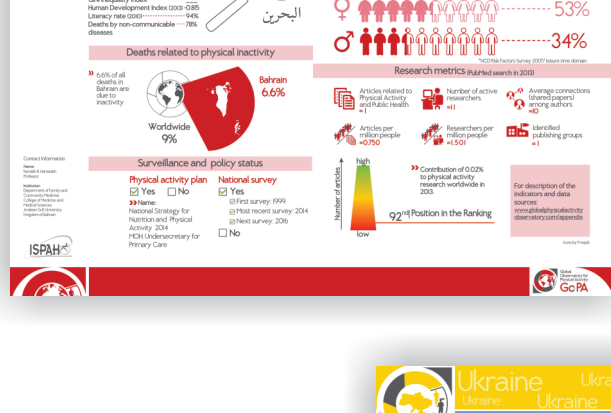
Regarding review of the cards, we now have 147 confirmed contacts and 138 approved cards with up to date research, surveillance, and policy indicators. We have achieved an outstanding global coverage of 68% of all countries in the world.

global coverage of

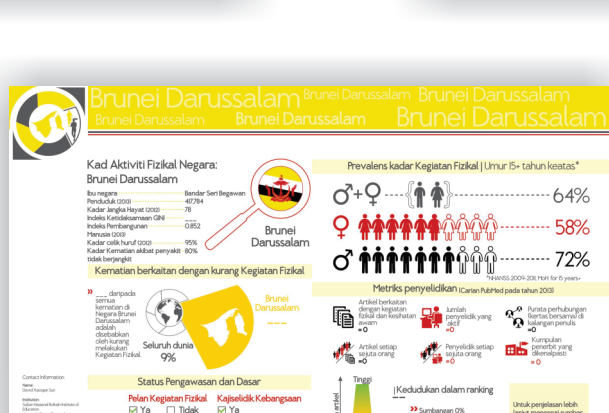
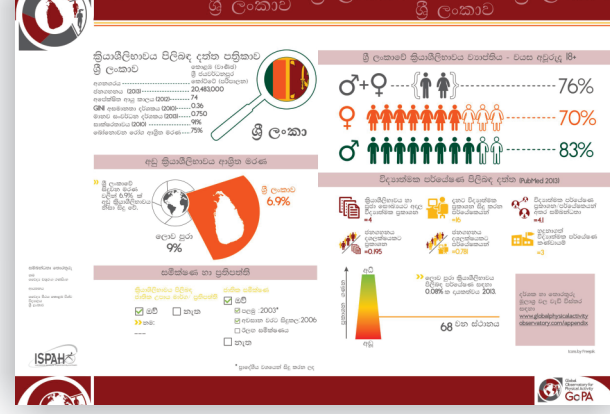
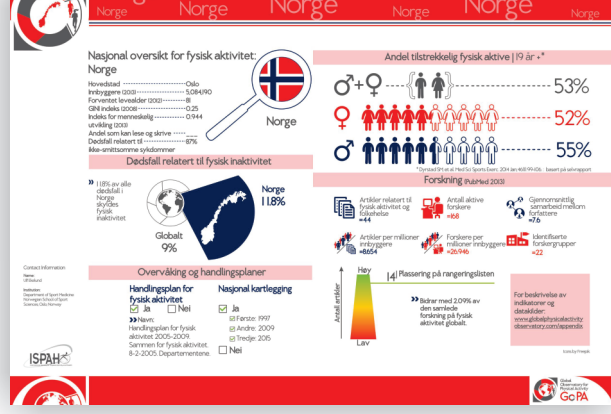


147 confirmed contacts

» 2) We are launching 3 new country cards! Bahrain, Senegal and Ukraine! Take a look!



» 3) We have 3 country cards translated! Norway, Sri Lanka and Brunei Darussalam! Take a look!



» 4) GoPA! publications

In March 2016, Dr. Katja Siefken country contact for Germany and Pacific Islands and Dr. Silvia Titze country contact for Austria published a paper related to the Germany country card. Congratulations!

Available at



<http://www.zeitschrift-sportmedizin.de/artikel-online/archiv-2016/heft-3/das-globale-observatorium-fuer-koerperliche-aktivitaet-gopa-praesentiert-laenderspezifische-bewegungs-karten-ein-ueberblick-ueber-die-globale-initiative/>

» 5) Help us find country contacts!

Your help finding country contacts has been fundamental for GoPA!

We continue asking for your help in finding potential representatives for those countries in which we still have no contact. Do you know anyone who could be the country contact for:

- | | | | |
|---|---|--|--|
| A Afghanistan
Albania
Algeria
Andorra
Armenia
Azerbaijan | E El Salvador
Equatorial Guinea
Eritrea
Ethiopia | M Madagascar
Malawi
Mali
Mauritania
Mauritius
Monaco
Montenegro
Morocco | Sudan
Suriname |
| B Bahamas
Belarus
Benin
Bosnia and Herzegovina
Burkina Faso
Burundi | G Gabon
Gambia, The
Georgia
Guinea
Guinea-Bissau | N Namibia
Niger | T Tajikistan
Timor-Leste
Togo
Turkmenistan
Turks and Caicos Islands |
| C Cambodia
Central African Republic
Chad
Channel Islands
Comoros
Congo, Dem. Rep.
Congo, Rep.
Cote d'Ivoire | H Honduras
I Iran, Islamic Rep.
Isle of Man
K Korea, Dem. Rep.
Kosovo
Kyrgyz Republic | P Pakistan
Panama
Philippines
S San Marino
Sao Tome and Principe
Serbia
Sierra Leone
Somalia
South Sudan | U Uzbekistan
Y Yemen, Rep.
Z Zambia
Zimbabwe |
| D Djibouti | L Latvia
Lesotho
Liberia
Libya
Liechtenstein | | |

» 6) GoPATV

We are launching new videos! Our Chairs, Steering Committee Members, ISPAH representatives and country contacts share their knowledge and experience in relation to physical activity.

GoPA^{TV}

Our Steering Committee Member
Dr. Bill Kohl speaks about the
physical inactivity pandemic.



Also, our country contacts from Norway, Mexico, Portugal, India and South Africa send a welcome message!



Watch our videos and stay tuned for the new ones coming soon!

» 7) GoPA! is in Twitter now!

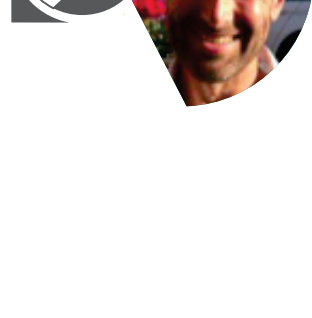
Join us and get to know our most recent news

<https://twitter.com/GoPanetwork>



» 8) Presenting country contacts

We continue to introduce your colleagues around the world. We will be contacting you to send us your brief CV and a photograph.



Ulf Ekelund
Country contact Norway

Ulf Ekelund obtained his PhD from the Karolinska Institutet, Stockholm Sweden in 2002 and is currently professor in physical activity and health at the Department of Sport Medicine, Norwegian School of Sport Sciences, Oslo, Norway. Before joining the Norwegian School of Sport Sciences he lead a research programme in physical activity epidemiology at the Medical Research Council Epidemiology Unit, University of Cambridge where he currently holds a part time senior investigator/scientist position. His main research interests are related to measurement and population levels of physical activity; the role of physical activity and sedentary behaviour for preventing non-communicable diseases especially obesity and metabolic diseases; and to understand the biological basis for physical activity and sedentary behaviour with a special focus on young people. He has published more than 250 peer-reviewed articles, including papers in The Lancet, JAMA, PLOS Medicine and Nature Genetics and his current H-index is 63. Ekelund is on the executive board for the International Society for Physical Activity and Health, Fellow and incoming international treasurer on the Board of Trustees for the American College of Sport Medicine, associate editor of Medicine and Science in Sport and Exercise and the Journal of Physical Activity and Health. He was awarded the new investigator award from the American College of Sports Medicine in 2007 and the Nutrition Society Silver Medal in 2013.



Sidy Mohamed Seck
Country contact Senegal

Dr. Seck was trained at University Cheikh Anta Diop in Dakar (Senegal) where he completed his specialization in Internal Medicine/Nephrology. After medical school he worked as associate lecturer at University Hospital in Dakar before joining a fellowship program in Clinical Epidemiology at CNR-IBIM (Reggio Calabria, Italy) sponsored by International Society of Nephrology. He also completed his Master Degree in Public Health at Free University of Brussels. Since 2010, he is working assistant professor in Internal Medicine/Nephrology at University Gaston Berger in Saint-Louis (Senegal) where he is in charge of lectures and mentoring medical students. Dr. Seck is also senior consultant in a leading research group on non-communicable chronic diseases in African countries and has co-authored many articles in this field. Currently he is working on the relationship between physical inactivity, diabetes, obesity and chronic kidney disease in Senegalese populations.

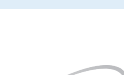
Thank you very much!
Let's improve physical activity worldwide!

Best regards,

Pedro C Hallal
Pedro C Hallal, PhD

Michael Pratt
Michael Pratt, MD, MSPE, MPH

On Behalf of the Global Observatory for Physical Activity Steering Committee



Global Observatory for Physical Activity

You can make a contribution to physical activity worldwide!
Contact us: physicalactivityobservatory@gmail.com

www.globalphysicalactivityobservatory.com

