



Observatory Newsletter # 8

Dear colleagues,

In this special mid-year edition we want to provide you a summary of our progress over the last 2 years and share great news about ISPAH 2016 in Thailand!

» 1) GoPA! statistics

-We have achieved an outstanding global coverage of:



63,6%

we consider that **138 approved** country cards ready in our website



85,4%

if we consider that GoPA! countries cover **6,1 billion people** of the 7,1 billion people worldwide in 2013



Our Country Cards are in English and specific Cards in their local language! We have **31 local languages!**



We have record of **5 editorials** published about GoPA! In the last semester



We have record of **7 country specific Country Card** launch events and GoPA! Country contacts specific events.

» GoPA! Media

-We have sent out **7 newsletters** and have reached over **200 people** including among others:

- Country contacts
- ISPAH-GoPA! council members

-We have active **Twitter** and **Facebook** sites providing continuous news and updates related to our GoPA! Network

-We have **13 GoPA TV videos** with talks and introductions of our GoPA! Network

» 2) Congratulations! Our GoPA! Poster session in Thailand will have 67 abstracts!



62 Countries are participating of our country card poster session! THANK YOU!



5 GoPA! Team abstracts

Thank you for your active participation and we look forward to see you there!

- Angola, Argentina, Aruba, Australia, Bangladesh, Brazil, Brunei Darussalam, Cameroon, Chile, China, Colombia, Costa Rica, Cuba, Czech Republic, Denmark, England, France, Germany, Ghana, Greenland, India, Indonesia, Ireland, Italy, Japan, Kazakhstan, Kenya, Korea, Lebanon, Lithuania, Luxembourg, Macedonia, Malaysia, Mexico, Moldova, New Zealand, Nigeria, Northern Ireland, Norway, Oman, Pacific Islands, Paraguay, Peru, Poland, Portugal, Romania, Scotland, Senegal, Singapore, South Africa, Sri Lanka, Swaziland, Sweden, Thailand, Turkey, Ukraine, Uruguay, USA, Venezuela, Vietnam, Virgin Islands, Wales.

Further instructions related to logistics and poster templates will be sent to each contact soon. Please confirm that you have received the abstract letter of acceptance.

For more information about the congress please visit: <http://www.ispah2016.org/>

» 3) New GoPA! Publications



epo numero 40 (2) marzo-aprile 2016

In March 2016, Dr. Alice Mannocci country contact for Italy and her team published an editorial related to the Italian country card. Congratulations!

Arriva la Physical Activity Country Card: la salute è in movimento!

The Physical Activity Country Card is coming: health is moving on!

Alice Mannocci,¹ Alessandra Sinopoli,¹ Daniele Masala,² Gaetana Maria Grazia Stricchiola,¹ Elisabetta De Vito,² Andrea Ramirez³ Pedro Curi Hallal,³ Giuseppe La Torre¹

¹ Sezione igiene, Dipartimento di sanità pubblica e malattie infettive, Università Sapienza, Roma

² Dipartimento di scienze umane, sociali e della salute, Università di Cassino e del Lazio Meridionale, Cassino (FR)

³ Center for epidemiological research, Universidade Federal do Povoas, Povoas (Brazil)

Corrispondenza: Alice Mannocci, alice.mannocci@uniroma1.it

» 4) Help us find country contacts!

Your help finding country contacts has been fundamental for GoPA!

- | | | | |
|---|---|---|--|
| A Afghanistan
Albania
Algeria
Andorra
Armenia
Azerbaijan | E El Salvador
Equatorial Guinea
Eritrea
Ethiopia
G Gabon
Gambia, The
Georgia
Guinea
Guinea-Bissau | M Madagascar
Malawi
Mali
Mauritania
Mauritius
Monaco
Montenegro
Morocco | Sudan
Suriname |
| B Bahamas
Belarus
Benin
Bosnia and Herzegovina
Burkina Faso
Burundi | H Honduras
I Iran, Islamic Rep.
Isle of Man | N Namibia
Niger | T Tajikistan
Timor-Leste
Togo
Turkmenistan
Turks and Caicos Islands |
| C Cambodia
Central African Republic
Chad
Channel Islands
Comoros
Congo, Dem. Rep.
Congo, Rep.
Cote d'Ivoire | K Korea, Dem. Rep.
Kosovo
Kyrgyz Republic | P Pakistan
Panama
Philippines | U Uzbekistan |
| D Djibouti | L Latvia
Lesotho
Liberia
Libya
Liechtenstein | S San Marino
Sao Tome and Principe
Serbia
Sierra Leone
Somalia
South Sudan | Y Yemen, Rep.
Z Zambia
Zimbabwe |

» 5) Presenting country contacts

We continue to introduce your colleagues around the world. We will be contacting you to send us your brief CV and a photograph.



Tatiana Andreeva Country contact Ukraine

Tatiana Andreeva obtained her MD and PhD degrees from the Kazan Medical University in Kazan, Russia and is currently Editor-In-Chief of the Tobacco Control and Public Health in Eastern Europe Journal. She is a Public Health and Epidemiology educator and researcher with experience in quantitative and qualitative research related to various aspects of NCDs prevention and control including physical inactivity, Tobacco Control and other psychoactive substances use, HIV and other infectious diseases as well as behavioral and social epidemiology issues.



Stefan Paul Enescu Country contact Romania

Stefan Paul Enescu obtained his Physical Education Teacher degree from The University of Brasov and his Master in Physiotherapy degree from the University of Bacau in Romania. His interests include Physical Education, physiotherapy, methodological aspects of teaching and strengthening of motor skills and injury recovery in athletes. He is the President for the Prahova County subsidiary and has participated in several National Initiatives to promote physical activity in the country.



Karen Milton Country contact England

Karen Milton is a researcher within the British Heart Foundation (BHF) Centre on Population Approaches for Non-Communicable Disease Prevention at the University of Oxford, UK. Prior to commencing this role she held research positions at Loughborough University, UK, and the University of Sydney, Australia.

Karen's primary research interest is in population approaches to physical activity promotion, through different sector and multi-sectoral approaches, and how to translate effective interventions into national policy and action. Her PhD (Loughborough University, UK) examined the facilitators and challenges to developing and implementing national policy and large scale action to promote population levels of walking in England.

Karen is a board member of the International Society for Physical Activity and Health (ISPAH), a Steering Committee member for the European Network for Health Enhancing Physical Activity (HEPA Europe) and a member of the UK Expert Committee for Physical Activity.



Charlie Foster Country contact England

Associate Professor Charlie Foster is a global leader in systematic reviews and meta-analysis of the evidence base for physical activity, with reviews on epidemiology, correlates, interventions and evaluation of natural experiments. With over one hundred research publications including the Lancet, BMJ, and Cochrane Collaboration, he was asked to co-author the 2011 UK Chief Medical Officer physical activity guidelines. Charlie was asked to present his research to the UK Parliament's All-Party Commission on Physical Activity and acts as an academic consultant for the WHO, EC, and CDC USA. He is the Chair of the UK's expert committee for physical activity. Charlie has been teaching and lecturing about physical activity interventions and their evaluation for over 20 years. He is also the President elect of the International Society for Physical Activity and Health.

Thank you very much!
Lets improve physical activity worldwide!

Best regards,

Pedro C Hallal, PhD

Michael Pratt, MD, MSPE, MPH

On Behalf of the Global Observatory for Physical Activity Steering Committee