



December 2017 newsletter! Thank you for another fantastic year!

Dear colleagues,

In this last 2017 newsletter, we would like to thank you for actively contributing with GoPA! for another year. Together, we were able to accomplish important achievements for global physical activity promotion and we have created a truly global, active and dynamic network. Congratulations!

» 1) GoPA! at HEPA2017

We had a very productive participation at 13th Annual Meeting and 8th Conference of HEPA Europe in Croatia, that included an oral presentation and the GoPA! symposium.

**It was wonderful to meet some of our European contacts!
Thanks for participating!**

Take a look at some of our best pictures!



» 2) The 7th ISPAH congress will be in London 2018!

Join us and submit and abstract!

The International Society for Physical Activity and Health (ISPAH), Public Health England and Sport England announced that the 7th ISPAH Congress will take place at the Queen Elizabeth II Conference Centre in central London from Monday 15 October to Wednesday 17 October 2018.



7th ISPAH Congress

15-17 October 2018, Queen Elizabeth II Centre, London, England

7th International Society for Physical Activity and Health Congress

The congress website www.ISPAH2018.com is now open for abstract submissions across a wide range of topics for consideration for oral and poster presentation.

To see initial details about the program, and to submit an abstract for consideration for oral or poster presentation before the deadline of 1 February 2018, please visit: www.ISPAH2018.com

GoPA! will participate in the congress! Information coming up soon!

Do not miss the 7th ISPAH congress!

» 3) New GoPA! Events

GoPA! was presented last November 21st at Sapienza University of Rome. Special thanks for the invitation to Alice Mannocci and Giuseppe La Torre from GoPA!



» 4) Help us find Country Contacts!

Your help finding Country Contacts has been fundamental for GoPA!

We continue asking for your help in finding potential representatives for those countries in which we still have no contact. Do you know anyone who could be the country contact for:

- A** Afghanistan
Albania
Algeria
Armenia
Azerbaijan
- B** Bahamas
Belarus
Benin
Bosnia and Herzegovina
Burkina Faso
Burundi
- C** Cambodia
Central African Republic
Chad
Channel Islands
Comoros
Congo, Dem. Rep.
Congo, Rep.
Cote d'Ivoire
- D** Djibouti
- E** Equatorial Guinea
Eritrea
- G** Gabon
Guinea
Guinea-Bissau
- I** Isle of Man
- K** Korea, Dem. Rep.
Kosovo
Kyrgyz Republic
- L** Latvia
Lesotho
Liberia
Libya
Liechtenstein
- M** Madagascar
Malawi
Mauritania
Mauritius
Monaco
Montenegro
Morocco
- N** Namibia
Niger
- P** Pakistan
- S** San Marino
Sao Tome and Principe
Serbia
Sierra Leone
South Sudan
Sudan
- T** Tajikistan
Timor-Leste
Turkmenistan
Turks and Caicos Islands
- U** Uzbekistan
- Y** Yemen, Rep.
- Z** Zambia
Zimbabwe

» 5) Presenting Country Contacts

On this newsletter we want to introduce country contacts that have been working with us for the last years and that were not presented yet. We will be contacting you to send us your brief CV and a photograph.

🇲🇽 On this occasion we are presenting Mexico's GoPA! Team 🇲🇽



Deborah Salvo, Ph.D.

Dr. Deborah Salvo is an Assistant Professor of Epidemiology at the University of Texas Health Science Center at Houston (UTHealth), School Of Public Health in Austin, and an Adjunct Researcher and Faculty Member at the National Institute of Public Health of Mexico (INSP). Her research interests center in the reduction of health disparities and promotion of health equity. Specifically, her work focuses on understanding the context-specific relations between the built environment and health; documenting and ameliorating spatial health disparities; and using and improving objective measures to quantify physical activity and spatial exposures (social & built environment).

Dr. Salvo is particularly committed to advancing this field of study among Latinos in the US, Mexico and Latin America at large. She has served as invited expert and/or faculty in several international technical meetings, panels, and research courses. Recently, she was a contributing author for Second Lancet Series on Physical Activity (2016), presenting the latest science on physical activity and public health. Throughout her career, Dr. Salvo has facilitated successful collaborations between INSP and Emory University, the CDC, the CDC Foundation, Stanford University, and the University of Texas School of Public Health.



Alejandra Jauregui, Ph.D.

Alejandra Jauregui obtained her PhD from the Mexican School of Public Health, Cuernavaca Mexico in 2016 and is currently Head of the Physical Activity Research Unit and Professor at the Mexican National Institute of Public Health. Before joining the National Institute of Public Health, she was a Fulbright Scholar and Doctoral Fellow at the Global Diabetes Research Center from Emory University in 2016 and served as National Coordinator of the Quality Physical Education Policy Project in Mexico of the United Nations Educational, Scientific and Cultural Organization (UNESCO), position that she currently holds. Her main research interests are related to population levels of physical activity; the role of the policy, social and built environment for promoting healthy lifestyles - physical activity and healthy dietary intake - and preventing non-communicable diseases, especially obesity and diabetes. She is particularly interested in moving forward physical activity research in Mexico and Latin America to provide scientific evidence to guide decision makers in the development of population strategies aimed at increasing population levels of physical activity levels and improving health.



Catalina Medina, M.S.

Catalina Medina is a nutritionist from the Universidad Iberoamericana (Mexico City), where she obtained an award for her thesis studying the arterial response to exercise. She has participated in different research projects and collaborated in the preparation of proposals, data analysis and fieldwork in the Department of Nutritional Epidemiology at the Mexican National Institute of Public Health (INSP) since 2008. She has developed diverse tools for health promotion and research such as instruments to measure diet and physical activity in school-age children. She has a MS degree from Queen's University (2013) and is a co-author of the National Mexican Health and Nutrition Surveys (ENSANUT) 2012 and 2016 and the Mexico City Diabetes Representative Survey (MCDRS) 2015, where she was in charge of the physical activity component. Currently, Catalina is a PhD candidate doing research to estimate the burden of physical activity in Mexican adults. One of her main interests is the characterization and evaluation of urban facilities to increase physical activity among the population.



Juan Rivera, Ph.D.

Dr. Juan Rivera is currently the Director General (Dean) of the National Institute of Public Health of Mexico (INSP). Prior to this, he was the Founding Director of the Center for Nutrition and Health Research at INSP. He is also Professor of Nutrition in the School of Public Health of Mexico, as well as adjunct professor in the Division of Nutritional Sciences at Cornell University, Ithaca, NY, USA, and in the Rollins School of Public Health at Emory University, Atlanta, GA, USA. Dr. Rivera has published more than 200 scientific articles, book chapters, and books, and has delivered more than 300 presentations and conferences in scientific events. His research interests include the epidemiology of stunting (under-nutrition and obesity), the short- and long-term effects of under-nutrition during early childhood, the effects of zinc and other micronutrient deficiencies on growth and health; the study of malnutrition in Mexico; and the design and evaluation of policies and programs to improve nutritional status of populations. Dr. Rivera has been extremely supportive of the development and growth of the field of physical activity and public health research in Mexico, serving as a mentor for a new generation of scientists specialized in this topic, all hosted at the Center for Nutrition and Health Research at INSP.

GoPA! HAPPY ACTIVE HOLIDAYS Postcard

You can use this GoPA! card to wish happy active holidays to your contacts!



Thank you very much! We look forward to your comments

Lets improve physical activity worldwide!

Best regards,

Michael Pratt

Michael Pratt, MD, MSPE, MPH

Pedro C Hallal

Pedro C Hallal, PhD

On Behalf of the Global Observatory for Physical Activity Steering Committee



Global Observatory for Physical Activity

You can make a contribution to physical activity worldwide!
Contact us: physicalactivityobservatory@gmail.com

